



Blossman Family YMCA Natatorium Schedule starting March 2023

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Notes	
	Program	Lap	Program	Lap	Program	Lap	Program	Lap	Program	Lap	Program	Lap	Program	Lap		
5AM-6AM	Closed		5-6AM Masters 2 lanes	6 lanes open	Open	8 lanes open	5-6AM Masters 2 lanes	6 lanes open	Open	8 lanes open	Open	8 lanes open	Closed		Session 3 swim lessons begin March 6th and 7th. L1 = Level 1 L2 = Level 2 ST = Swim Team P&C = Parent and Child TGS = third Grade Swim Third Grade Swim March 13th - May 19th Adv Locators March 1 , 4, 8, 11 April 12, 15, 19, 22 Round Island Divers March 12, 19 April 16, 23	
6AM-7AM			Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open				
7AM-8AM			Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open		
8AM-9AM			8-9AM AquaFit 3 lanes	5 lanes open	8-9AM AquaFit 2 lanes	6 lanes open	8-9AM AquaFit 3 lanes	5 lanes open	8-9AM AquaFit 2 lanes	6 lanes open	8-9AM AquaFit 3 lanes	5 lanes open	Open	8 lanes open		
9AM-10AM			9AM-10AM Aqua Dance 3 lanes	5 lanes open	9AM-10AM Deep Water Aerobics 2 lanes	6 lanes open	9AM-10AM Aqua Dance 3 lanes	5 lanes open	9AM-10AM Aqua Core 2 lanes	6 lanes open	9AM-10AM AquaHIT 3 lanes	5 lanes open	9-10AM Aqua Jog 2 lanes 9-10AM Masters 2 lanes	4 lanes open		
10AM-11AM			Open	8 lanes open	10:15-10:45AM P&C 2 lanes	6 lanes open	Open	8 lanes open	10:15-10:45AM P&C 2 lanes	6 lanes open	Open	8 lanes open	10-11AM ST 3 lanes	5 lanes open		
11AM-12PM	Open	8 lanes open	11:30-12:30PM Aqua Arthritis 3 lanes	5 lanes open	Open	8 lanes open	11:30-12:30PM Aqua Arthritis 3 lanes	5 lanes open	Open	8 lanes open	11:30-12:30PM Aqua Arthritis 3 lanes	5 lanes open	11-12PM ST 3 lanes 11:15-11:45 Aquabilities 2 lanes	3 lanes open	Lap Lane Etiquette  For everyone's enjoyment with 1 or 2 swimmers please — • Enter and exit only from the end of the lane • Swim continuously from end to end  with 3 or more swimmers please — • Enter and exit only from the end of the lane • Swim to the right of the center black line • Swim continuously • Do not swim two abreast One Length=25 Yards One Mile=72 Lengths	
12PM-1PM	Open	8 lanes open	12:30-1:15P TGS 3 lanes	5 lanes open	Open	8 lanes open	12:30-1:15P TGS 3 lanes	5 lanes open	Open	8 lanes open	12:30-1:15P TGS 3 lanes	5 lanes open	12-1PM Special Olympics 3 lanes	5 lanes open		
1PM-2PM	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	1-2PM US Navy 4 lanes	4 lanes open	Open	8 lanes open	1-1:30PM K3 2 lanes	6 lanes open		
2PM-3PM	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	1:45-2:30PM L1 2 lanes	6 lanes open		
3PM-4PM	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	2:45-3:30PM L2 2 lanes	6 lanes open		
4PM-5PM	Open	8 lanes open	4-4:30PM K3 2 lanes	6 lanes open	4-4:30PM P&C 3 lanes 4:35-5:05PM K3 2 lanes	5 lanes open	4-4:30PM K3 2 lanes	6 lanes open	4-4:30PM P&C 3 lanes 4:35-5:05PM K3 2 lanes	5 lanes open	Open	8 lanes open	Open	8 lanes open	Tuesday from 11-3 for deep cleaning. Indoor pool temperature will be kept between 83-85 degrees. Pool lane usage may change due to program schedule changes and additions. See Aquatics Calendar for updates.	
5PM-6PM	Closed		5-5:45PM L1 4 lanes	4 lanes open	5-5:45PM ST 2 lanes 5:10-5:40PM P&C 3 lanes	5 lanes open	5-5:45PM L1 4 lanes	4 lanes open	5-5:45PM ST 2 lanes 5:10-5:40PM P&C 3 lanes	5 lanes open	Open	8 lanes open	Open	8 lanes open		
6PM-7PM			5:45-6:30PM L2/L3/Teen 4 lanes	4 lanes open	5:45-6:30PM ST 3 lanes 5:45-6:30PM Adult 2 lanes	3 lanes open	5:45-6:30PM L2/L3/Teen 4 lanes	4 lanes open	5:45-6:30PM ST 3 lanes 5:45-6:30PM Adult 2 lanes	3 lanes open	Open	8 lanes open	Open	8 lanes open		
7PM-8PM			Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Closed			
8PM-9PM			Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Open	8 lanes open	Closed			
