

September 2023 Pool Schedule

Blossman Family YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 5:45a-9a St Martin ST 8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go (Sammie)	2 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
3	4 No Classes! Indoor Pool: 5am-12pm Outdoor Pool: 9am-12pm Happy Labor Day!	5 5:45a-9a St Martin ST 8a-9a AquaFit (Kelly) 9a-12:30p TGS 3p-4:30p VHS ST 4p-4:30p P&C (Lydia) 4:30p-5p K3 (Lydia) 5p-6p Marlins ST 5p-5:30p L3 (Ella) 5:30p-6p P&C/L4 (Lydia/Denise) 6p-6:30p Adult Basics (Lydia) 6:30p-8p OSHS ST 7p-9p RID	6 5:30a-6:30a Masters (Grace) 5:45a-9a St Martin ST 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 10a-12:30p TGS 11am-12pm H2O Go(Sammie) 1p-1:30p P&C (Marie) 4p-7p Swim Meet	7 5:45a-9a St Martin ST 8a-9a AquaFit (Kelly) 9a-12:30p TGS 3p-4:30p VHS ST 4p-4:30p P&C (Lydia) 4:30p-5p K3 (Lydia) 5p-6p Marlins ST 5p-5:30p L3 (Ella) 5:30p-6p P&C/L4 (Lydia/Denise) 6p-6:30p Adult Basics (Lydia) 6:30p-8p OSHS ST 7p-9p RID	8 5:45a-9a St Martin ST 8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 10a-12:30p TGS 11am-12pm H2O Go (Sammie)	9 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club 1p-1:30p K3 Basics (Lydia) 1:45p-2:15p L1 (Lydia) 2:45p-3:15p L2 (Lydia)
10 1p-4p RID	11 5:30a-6:30a Masters (Grace) 5:45a-9a St Martin ST 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 10a-12:30p TGS 11am-12pm H2O Go (Sammie) 3p-4:30p VHS ST 6:30p-8p OSHS ST	12 5:45a-9a St Martin ST 8a-9a AquaFit (Kelly) 9a-12:30p TGS 3p-4:30p VHS ST 5p-6p Marlins ST 6:30p-8p OSHS ST	13 5:30a-6:30a Masters (Grace) 5:45a-9a St Martin ST 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 10a-12:30p TGS 11am-12pm H2O Go(Sammie) 3p-4:30p VHS ST 6:30p-8p OSHS ST	14 5:45a-9a St Martin ST 8a-9a AquaFit (Kelly) 9a-12:30p TGS 3p-4:30p VHS ST 5p-6p Marlins ST 6:30p-8p OSHS ST	15 5:45a-9a St Martin ST 8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 10a-12:30p TGS 11am-12pm H2O Go (Sammie)	16 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club 1p-1:30p K3 Basics (Lydia) 1:45p-2:15p L1 (Lydia) 2:45p-3:15p L2 (Lydia)

17	18	19	20	21	22	23
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24	25	26	27	28	29	30
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*P&C: Parent and Child swim lessons

*TGS: Third Grade swim lessons

*RID: Round Island Divers

*L1: Level 1 swim lessons

*L2: Level 2 swim lessons

*Adv Loc: Adventure Locators

*L3: Level 3 swim lessons

*L4: Level 4 swim lessons

Indoor Pool Hours:

Monday-Thursday 5am-9pm

Friday 5am-8pm

Saturday 7am-7pm

Sunday 11am-5pm