

# November 2023 Pool Schedule

Blossman Family YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30a-6:30a Masters (Grace) 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	2 8a-9a AquaFit (Kelly) 5p-7p Marlins ST	3 8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go (Sammie)	4 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
5	6 5:30a-6:30a Masters (Grace) 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	7 8a-9a AquaFit (Kelly) 5p-7p Marlins ST	8 5:30a-6:30a Masters (Grace) 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	9 8a-9a AquaFit (Kelly) 5p-7p Marlins ST	10 8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go (Sammie)	11 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
12 1P-4P RID	13 5:30a-6:30a Masters (Grace) 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	14 8a-9a AquaFit (Kelly) 5p-7p Marlins ST	15 5:30a-6:30a Masters (Grace) 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	16 8a-9a AquaFit (Kelly) 5p-7p Marlins ST	17 8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go (Sammie)	18 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
19 1P-4P RID	20 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	21 8a-9a AquaFit (Kelly)	22 8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go(Sammie)	23 	24	25 8a-9a Recovery Zone (Sammie) 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club

26	27	28
<p>8a-9a AquaFit (Barbara)  9a- 10a Aqua Dance (Albey)  11am- 12pm H2O  Go(Sammie)</p>	<p>8a-9a AquaFit (Kelly)</p>	

- \*P&C: Parent and Child swim lessons**
- \*L1: Level 1 swim lessons**
- \*L2: Level 2 swim lessons**
- \*L3: Level 3 swim lessons**
- \*L4: Level 4 swim lessons**
- \*TGS: Third Grade swim lessons**
- \*RID: Round Island Divers**
- \*Adv Loc: Adventure Locators**

**Indoor Pool Hours:**  
**Monday–Thursday 5am–9pm**  
**Friday 5am–8pm**  
**Saturday 7am–7pm**  
**Sunday 11am–5pm**