

December 2023 Pool Schedule				Blossman Family YMCA		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go	8a-9a Recovery Zone 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
3	4	5	6	7	8	9
1P-4P RID	8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Deepwater Workout (Kelly)	8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Aqua Core (Kelly)	8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go	8a-9a Recovery Zone 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
10	11	12	13	14	15	16
1P-4P RID	8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Deepwater Workout (Kelly)	8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Aqua Core (Kelly)	8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go	8a-9a Recovery Zone 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
17	18	19	20	21	22	23
1P-4P RID	8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Deepwater Workout (Kelly)	8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Aqua Core (Kelly)	8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go	

24	25	26	27	28	29	30
			8a-9a AquaFit (Barbara) 9a-10a Aqua Dance (Albey) 11am-12pm H2O Go	8a-9a AquaFit (Kelly) 9a-10a Aqua Core (Kelly)	8a-9a AquaFit (Barbara) 9a-10a AquaHIIT (Lydia) 11am-12pm H2O Go	8a-9a Recovery Zone 9a-10a Aqua Jog (Lisa) 12p-1p DiverseAbility Swim Club
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Indoor Pool Hours:
 Monday-Thursday 5am-9pm
 Friday 5am-8pm
 Saturday 7am-7pm
 Sunday 11am-5pm

- *P&C: Parent and Child swim lessons
 - *L1: Level 1 swim lessons
 - *L2: Level 2 swim lessons
 - *L3: Level 3 swim lessons
 - *L4: Level 4 swim lessons
- *TGS: Third Grade swim lessons
- *RID: Round Island Divers
- *Adv Loc: Adventure Locators