

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				8A-9A AquaFit (Kelly) 9A-10A AquaCore (Kelly) 11:35A-1:15P - TGS 4P-4:30P - P&C 4:30P-5P - L1: K3 5P-5:30P - L1: Preschool 5P-5:30P - L3: Stroke Dev 5:30P-6P - L1: Teen 5:30P-6:15P - L4: Stroke Improv 5P-7P - Marlins ST 6P-6:45p - L1: Adult	5:00A-6:30A - Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A AquaHIIT (Lydia) 11A-12P H2O Go (Marie) 9:15A-11:20A - TGS 12:15P-1:15P - TGS	8A-9A Recovery Zone (Marie) 9A-10A Aqua Jog (Lisa) 12P-1P - DiverseAbility Swim Club 1p-1:30P - L1: K3 1:45P - 2:15P - L1: Preschool 2:30P-3P - L1: L2S 3p-3:45p - L1: Adult
4	5	6	7	8	9	10

	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie) 4p-4:30PM – L1: K3 5P-5:30P – L1: Preschool 5P-5:30P – L2: Preschool 5:45P-6:15P – L1: L2S</p>	<p>8A-9A AquaFit (Kelly) 9A-10A Deepwater Workout (Kelly) 4P-4:30P – P&C 4:30P-5P – L1: K3 5P-5:30P – L1: Preschool 5P-5:30P – L3: Stroke Dev 5:30P-6P – L1: Teen 5:30P-6:15P – L4: Stroke Improv 5P-7P – Marlins ST 6P-6:45p – L1: Adult</p>	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie) 9:15A-1:15P – TGS 4p-4:30P – L1: K3 5P-5:30P – L1: Preschool 5P-5:30P – L2: Preschool 5:45P-6:15P – L1: L2S 7P-8P – Adventure Locators</p>	<p>8A-9A AquaFit (Kelly) 9A-10A AquaCore (Kelly) 11:35A-1:15P – TGS 4P-4:30P – P&C 4:30P-5P – L1: K3 5P-5:30P – L1: Preschool 5P-5:30P – L3: Stroke Dev 5:30P-6P – L1: Teen 5:30P-6:15P – L4: Stroke Improv 5P-7P – Marlins ST 6P-6:45p – L1: Adult</p>	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9:45A-10:30A AquaHIIT (Lydia) 11A-12P H2O Go (Marie) 9:15A-1:15P – TGS</p>	<p>8A-9A Recovery Zone (Marie) 9A-10A Aqua Jog (Lisa) 12P-1P – DiverseAbility Swim Club 1p-1:30P – L1: K3 1:45P – 2:15P – L1: Preschool 2:30P-3P – L1: L2S 3p-3:45p – L1: Adult 1P-6P – Adventure Locators</p>
11 3P-5P LG In-Service	12	13	14	15	16	17
	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie)</p>		<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie) 7P-8P – Adventure Locators</p>	<p>8A-9A AquaFit (Kelly) 9A-10A AquaCore (Kelly) 5P-6P – Marlins ST</p>	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9:45A-10:30A AquaHIIT (Lydia) 11A-12P H2O Go (Marie)</p>	<p>8A-9A Recovery Zone (Marie) 9A-10A Aqua Jog (Lisa) 12P-1P – DiverseAbility Swim Club 1p-1:30P – L1: K3 1:45P – 2:15P – L1: Preschool 2:30P-3P – L1: L2S 3p-3:45p – L1: Adult 1P-6P – Adventure Locators</p>
18	19	20	21	22	23	24

	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie)</p>	<p>8A-9A AquaFit (Kelly) 9A-10A Deepwater Workout (Kelly) 5P-7P – Marlins ST</p>	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie) 9:15A-1:15P – TGS</p>	<p>8A-9A AquaFit (Kelly) 9A-10A AquaCore (Kelly) 11:35A-1:15P – TGS 5P-9P- LG Class 5P-7P – Marlins ST</p>	<p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9:45A-10:30A AquaHIIT (Lydia) 11A-12P H2O Go (Marie) 9:15A-11:20A – TGS 12:15P-1:15P – TGS 5P-8P- LG Class</p>	<p>8A-9A Recovery Zone (Marie) 9A-10A Aqua Jog (Lisa) 12P-1P – DiverseAbility Swim Club 1p-1:30P – L1: K3 1:45P – 2:15P – L1: Preschool 2:30P-3P – L1: L2S 3p-3:45p – L1: Adult 7A-7P- LG Class</p>
<p>25 11A-5P- LG Class</p>	<p>26</p> <p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie)</p>	<p>27</p> <p>8A-9A AquaFit (Kelly) 9A-10A Deepwater Workout (Kelly) 5P-7P – Marlins ST</p>	<p>28</p> <p>5:00A-6:30A – Masters (Grace) 8A-9A AquaFit (Barbara) 9A-10A Aqua Dance (Albey) 11A-12P H2O Go (Marie) 9:15A-1:15P – TGS</p>	<p>29</p> <p>8A-9A AquaFit (Kelly) 9A-10A AquaCore (Kelly) 11:35A-1:15P – TGS 5P-7P – Marlins ST</p>		

Indoor Pool Hours:
Monday – Thursday: 5A – 9P
Friday: 5A – 8P
Saturday: 7A – 7P
Sunday: 11A – 5P