Blossman Family YMCA Natatorium Program Schedule

Starting March 1, 2024

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Notes
	Program	Lap	Program	Lap	Program	Lap	Program	Lap	Program	Lap	Program	Lap	Program	Lap	
5AM-6AM	Closed		5:00-6:30AM Masters 3 Lanes	5 Lanes Open	Open	8 Lanes Open	5:00-6:30AM Masters 3 Lanes	5 Lanes Open	Open	8 Lanes Open	5:00-6:30AM Masters 3 Lanes	5 Lanes Open	Closed		**Third Grade Swim (TGS)** January 24 - April 12 9am-1:35pm Wed - Fri 3 Lanes **Swim Lesson Sessions** Session 1: Jan - Feb 8 Session 2: March 4 - March 27
6AM-7AM			Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open			
7AM-8AM			Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	
8AM-9AM			8-9AM AquaFit 2 Lanes	6 Lanes Open	8-9AM AquaFit 2 Lanes	6 Lanes Open	8-9AM AquaFit 2 Lanes	6 Lanes Open	8-9AM AquaFit 2 Lanes	6 Lanes Open	8-9AM AquaFit 2 Lanes	6 Lanes Open	Open	6 Lanes Open	
9AM-10AM			9-10AM Aqua Dance 3 Lanes	5 Lanes Open	9-10AM Deepwater Workout 2 Lanes	6 Lanes Open	9-10AM Aqua Dance 3 Lanes 9:10AM-1:15PM TGS 3 Lanes	2 Lanes Open	9-10AM Deepwater Workout 2 Lanes	6 Lanes Open	9:10AM-1:15PM TGS 3 Lanes 9:45-10:30AM Aqua HIIT 2 Lanes	3 Lanes Open	9-10AM Aqua Jog 2 Lanes	6 Lanes Open	
10AM-11AM			Open	8 Lanes Open	Open	8 Lanes Open	9:10AM-1:15PM TGS 3 Lanes	5 Lanes Open	Open	8 Lanes Open	9:10AM-1:15PM TGS 3 Lanes	5 Lanes Open	Open	8 Lanes Open	
11AM-12PM	Open	8 lanes open	11AM-12PM H2O Go 3 Lanes	5 Lanes Open	Open	8 Lanes Open	11AM-12PM H2O Go 3 Lanes 9:10AM-1:15PM TGS 3 Lanes	2 Lanes Open	11:35AM-1:15PM TGS 3 Lanes	5 Lanes Open	11AM-12PM H2O Go 3 Lanes 9:10AM-1:15PM TGS 3 Lanes	2 Lanes Open	Open	8 Lanes Open	**Lap Lane Etiquette** For everyone's enjoyment with 1 or 2 swimmers please — • Enter and exit only from the end of the lane • Swim continuously from end to end with 3 or more swimmers please — • Enter and exit only from the end of the lane • Swim to the right of the center black line • Swim continuously • Do not swim two abreast
12PM-1PM	Open	8 lanes open	Open	8 Lanes Open	Open	8 Lanes Open	9:10AM-1:15PM TGS 3 Lanes	5 Lanes Open	11:35AM-1:15PM TGS 3 Lanes	5 Lanes Open	9:10AM-1:15PM TGS 3 Lanes	5 Lanes Open	12-1PM Specials Olympics* 4 Lanes	4 Lanes Open	
1PM-2PM	Open	8 lanes open	Open	8 Lanes Open	Open	8 Lanes Open	9:10AM-1:15PM TGS 3 Lanes	5 Lanes Open	11:35AM-1:15PM TGS 3 Lanes	5 Lanes Open	9:10AM-1:15PM TGS 3 Lanes	5 Lanes Open	1-1:30PM K3 2 Lanes	6 Lanes Open	
2PM-3PM	Open	8 lanes open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	1:45-2:15PM L1 2 Lanes 2:30-3:15PM L2 2 Lanes	6 Lanes Open	
3PM-4PM	Open	8 lanes open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	3-3:45PM L1 Adult 2 Lanes	6 Lanes Open	
4PM-5PM	Open	8 lanes open	4-4:30PM K3 2 Lanes	6 Lanes Open	4-4:30PM P&C 2 Lanes 4:30-5PM K3 2 Lanes	6 Lanes Open	4:30-5PM K3 2 Lanes	6 Lanes Open	4-4:30PM P&C 2 Lanes 4:30-5PM K3 2 Lanes	6 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	**Hot Tub Closure Schedule** Tuesdays from 5am-9am for deep cleaning *subject to change*
5PM-6PM	Closed		5-5:30PM L1/L2 4 Lanes	4 Lanes Open	5-5:30PM L1/L3 2 Lanes 5-7PM ST 3 Lanes 5:30-6PM L1 2 Lanes 5:30-6:15PM L4 1 Lane	3 Lanes Open	5-5:30PM L1/L2 4 Lanes	4 Lanes Open	5-5:30PM L1/L3 2 Lanes 5-7PM ST 3 Lanes 5:30-6PM L1 2 Lanes 5:30-6:15PM L4 1 Lane	3 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	**Other Info** Indoor pool temperature will be kept between 84-86 degrees.
6PM-7PM			5:45-6:15PM L2 2 Lanes	6 Lanes Open	5-7PM ST 3 Lanes 5:30-6:15PM L4 1 Lane 6-6:45PM Adult 2 Lanes	3 Lanes Open	5:45-6:15PM L2 2 Lanes	6 Lanes Open	5-7PM ST 3 Lanes 5:30-6:15PM L4 1 Lane 6-6:45PM Adult 2 Lanes	3 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Pool lane usage may change due to program schedule changes and additions. See Aquatics Calendar for updates.
7PM-8PM			Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Closed		
8PM-9PM			Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Open	8 Lanes Open	Closed				